

The Inner Work Path and Anthroposophy

Courses For Establishing Or Deepening Meditative Practice

WITH LISA ROMERO

THE DEVELOPING CHILD'S BODY AND SOUL RELATIONSHIP WEEKEND COURSE 2014

Through the esoteric understanding of child development we will explore what is needed to support a child's growth at various stages of their school life. This brings harmony between the evolving body and soul which sets the ground for healthy adult experience. The course also addresses gender differences and similarities that can both limit or free us.

As adults much of what we struggle with today can be traced to our own developmental stages. By understanding deeply the foundations laid down in childhood we can recognise the healing steps we and others need to take. Through inner development exercises we overcome our past and in doing so we begin to see the potential gifts in it.

This course is highly valuable to teachers, parents, therapists and those wishing to gain insight into the anthroposophical wisdom of child development and the individual's ability to transform the past through inner development.

5TH - 7TH SEPTEMBER 2014

TIME FRIDAY 6:30 PM to 8:30 PM
SATURDAY AND SUNDAY 9.30 to 2.30 PM
VENUE CHRYSALIS STEINER SCHOOL BELLINGEN NSW
COST \$300 (Includes Lunch)

TO DISCUSS THE COURSE PLEASE CONTACT

LISA ROMERO (02) 6684 1636

FOR BOOKING ENQUIRIES AND DIRECT ENROLMENTS

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LISA ROMERO is a practising homoeopath and adult educator who has applied anthroposophy to her practice since 1990 and delivered education enriched with anthroposophy since 1998. Since 2006 the primary focus of her work has been teaching inner development and anthroposophical meditation and has published a book on this subject.

Lisa lectures and presents workshops and retreats on the inner work and anthroposophical meditation for professional and personal development. These are offered throughout the year in many communities within Australia, Asia and the United States. Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet diverse needs of communities and professions.

For several years Lisa was the lecturer for Health and Nutrition and Male/Female Studies at Sydney Rudolf Steiner College (Parsifal College) where she now continues to lecture the tutors on inner development. She also designed and facilitated the Educaredo Towards Health and Healing course. This training ran eight, year-long courses working with therapists from all modalities as well as Waldorf teachers to bring the practical application of therapeutic and pedagogical methods. She has taught on numerous trainings and seminars for several organisations.

Essentially Lisa's work springs from the inner work, meditation and exercises together with a dedication to the path of unfolding consciousness. She brings a depth of insight that is reflected in the experiences and changes of the participants who share in this work.

"THE CONDITIONS OF ESOTERIC TRAINING"



1. The first condition is that the student should pay heed to the advancement of bodily and spiritual health.
2. The second condition is that the student should feel himself coordinated as a link in the whole of life.
3. The third condition is that the student must work his way upward to the realisation that his thoughts and feelings are as important to the world as his actions. It must be realised that it is equally injurious to hate a fellow being as to strike him.
4. The fourth condition is to acquire the conviction that the real being of man does not lie in his exterior but in his interior.
5. The fifth condition is steadfastness in carrying out a resolution.
6. The sixth condition is the development of a feeling of thankfulness for everything with which man is favoured.
7. All these conditions must be united in a seventh: to regard life unceasingly in the manner demanded by these conditions.

"It should be emphasised that the complete fulfilment of any one of these conditions is not insisted upon, but only the corresponding effort. No one can wholly fulfill them, but everyone can start on the path toward them. It is the effort of will that matters, and the ready disposition to enter upon this path."

Rudolf Steiner *Knowledge of the Higher Worlds and its Attainment* (Chapter V)

Please contemplate these thoughts before the course begins