

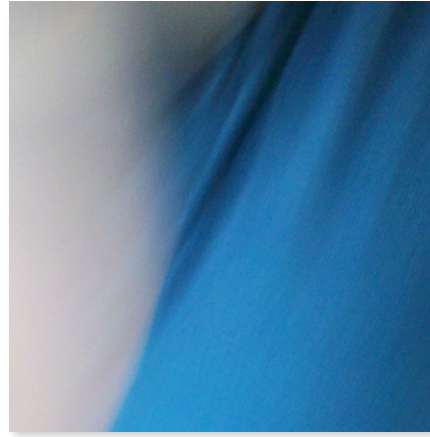
Living on the edge

Crossing the Threshold

Working out of the future

Friday 29th-Sunday 31st August

The Christian Community
319 Auburn Road, Hawthorn, Victoria



Conference Programme and Content

Lectures

Humanity over the Threshold

The changing thresholds of our time - do we have the courage to cross?
Marcus Cox

The Inner Work path, Meditation and Crossing the Threshold

The inner work leads to crossing the threshold in a certain stages. This is essential if we wish to clearly see the path of evolution and connect with the spirits of progression that support humanity.
Lisa Romero

The Fifth Ether - The Crucible of Freedom between Human Beings

On our human journey we create a new world ether by becoming Apocalyptic and risking freedom.
Lisa Devine

Heart Map: The Future Evolution of the Physiology of the Heart

The Grail saga continues...
Marcus Cox

Workshop Themes

The Crisis in Education as a picture of the Threshold in Society

Understanding the new constitution of our children.

The imagination has the power to fulfil the activity of the nervous system and heal the anxiety epidemic of our time. The imaginations in the blood bring life to the nervous system without which the forces of death take hold of our culture. This workshop will be practical as well as theoretical.

Marcus Cox and Lisa Devine

Crossing Thresholds through Birth and Death

Our human journey on earth is experienced between those two doorways, so we will tell stories and explore what happens at these threshold for everyone involved, in body, soul and spirit.

Cheryl Nekvapil

Stages of the Inner Work path

Each meditation and inner exercise reflects the unfolding steps that are needed to have a living relationship to the higher worlds; they also prepare the soul for the various expressions of the spiritual worlds. This is also a practical workshop in which we will attempt various exercises and contemplate their effects and our individual relationship towards them. *"Man must become a partaker of the spirit in order to carry its revelations into the physical world. He transforms the earthly by implanting in it what he has ascertained in the spiritual world that is his task. It is only because the physical world is dependent upon the spiritual and because man can work upon the earth, in a true sense, only if he is a partaker in those worlds in which the creative forces like concealed. Only for these reasons should he have to desire to ascend to the higher worlds."*R.S

Lisa Romero

Two Ways of Crossing the Threshold

Exploring Phenomena and Experiences related to the Inner- and/or Outer Threshold

"... It goes without saying that when our soul and spirit leave the bodily sheath, they go through the senses. We go through the external senses therefore in an outward direction, through the sense of taste, sight, warmth, hearing, speech, thinking and ego. Later we shall see whither we go when we penetrate the other boundary where the senses open themselves to what is within, press inwards. ..." RS, 1920

Steiner differentiates two different meditative paths: The Mystic and the Ecstatic Path. Usually, only Mystic Path practices come to mind if people think about meditation. But Ecstatic or Shamanistic practices are preparing for crossing the outer Threshold just like Mystic practices prepare for crossing the inner.

Contemporary difficulties of crossing the threshold unprepared could be better understood by applying the idea of two thresholds leading differently towards transpersonal experiences.

The approach is inspired by exercises from "How to Know Higher Worlds: A Modern Path of Initiation".

The workshop works best if theme relevant life experiences are shared.

Karl-Heinz Finke

Conference Presenters

Lisa Romero is a practising homeopath and adult educator who has applied anthroposophy to her practice since 1990 and delivered education enriched with anthroposophy since 1998. Since 2006 the primary focus of her work has been teaching inner development and anthroposophical meditation and has written a book *The Inner Work Path; A Foundation for Meditative Practise*. Lisa lectures and presents workshops and retreats on the inner work and anthroposophical meditation for professional and personal development. These are offered throughout the year in many communities within Australia, Asia and the United States. Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet diverse needs of communities and professions.

For several years Lisa was the lecturer for Health and Nutrition and Male/Female Studies at Sydney Rudolf Steiner College (Parsifal College) where she now continues to lecture the tutors on inner development. She also designed and facilitated the Educaredo *Towards Health and Healing* course. This training ran eight year-long courses working with therapists and teachers from all modalities. She continues to teach in numerous trainings and seminars for several organisations. Essentially Lisa's work springs from the inner work, meditation and exercises together with a dedication to the path of unfolding consciousness. She brings a depth of insight that is reflected in the experiences and changes of the participants who share in this work.

Marcus Cox has worked in Education for forty-five years. He has worked with Children with Special Needs, with Prep. and has taken a class from class 1-8. He has also worked in Secondary Education. At present he is working in Adult Education in the Seminar for Steiner Education. His particular interests in Anthroposophy lie in the manifestations of Karma and Destiny, the nature of Substance and the transformative, trans-substantiating power of the Grail as it will work into the future.

Lisa Devine is a priest of The Christian Community in Sydney. She trained as a youth worker in the early 1980s and worked in a range of youth at risk programs before moving into working in the disability field. She has a Masters in Psychology and has counselled young people and their families over many years. Lisa takes young people to Africa every two years in a leadership development program. Her connection to the work of Rudolf Steiner began in the 1990s when she trained as a Eurythmist and has deepened ever since. She has worked as a Chaplain/Counselor in three Steiner schools in Melbourne and now is the Chaplain for Glenaeon and Central Coast Rudolf Steiner School. Currently she is developing and implementing social programs targeted at preventing and treating young people suffering from eating and self-harm issues. Lisa teaches Introduction to Anthroposophy, Cosmology and Human Communication courses at the Sydney Rudolf Steiner College.

Cheryl Nekvapil

Cheryl Nekvapil is a priest of The Christian Community in Canberra. She regularly visits other congregations in Australia and is also currently chaplain at Orana Steiner School. Before being ordained, Cheryl was trained as a physiotherapist, specializing in childbirth education and home births, and was active at Joan Salter's Gabriel Centre in Melbourne. She is married to Michael and has four children and three grandchildren, having been present at the birth of all those

children. Accompanying people in illness and through death has been called for in her personal biography and in her vocation as a priest, and she has co-facilitated many workshops and festivals celebrating those who have died and their ongoing connection to the living.

Karl-Heinz Finke was born 1955 in Germany near Kassel, in an area influenced by the Rosicrucians and became the cradle for the Grimm's Fairy Tales. He has studied Electronic Engineering with the German Telecom followed by studies of Social Sciences and Psychology at the Free University in Berlin. He is registered as an Alternative Practitioner (Naturopath) Psychotherapy in Berlin as well as co-contributor at Forum Kreuzberg, a socio-cultural centre connected to Anthroposophy in the heart of Berlin.

Meeting the Forum Community started an on-going theoretical and practical process to understand and implement Anthroposophy in 'real life'.

Karl-Heinz has administered and educated at a Free Tertiary School initiative (Freie Volkshochschule), and has trained and taught in Biography Work led by Gudrun Burkhard (MD) and Helmuth ten Siethoff. He has had intensive collaboration with Coenraad van Houten and colleagues of the Centre for Social Development, the stepping stone towards conducting courses and trainings in Britain, Hungary, Australia, New Zealand and India.

Since Co-founding of Living-way, he has been conducting workshops and trainings in Life Story Work and other courses promoting personal, professional, social and spiritual renewal.

Founding member of the International Trainer Forum for Biography Work and the Professional Association for Biography Work in Germany. He currently offers Life Story Work for Individuals and Organisations conduct trainings in Germany, India and Australia and run in house course and lectures on request.

Bookings and Fees

Conference fee \$240
Partner pass \$400
Individual talks \$35
Individual workshops \$60

Concessions

Conference fee \$200, \$25
Individual talks \$25
Individual workshops \$45

Registrations: Stefan Nekvapil theccmelbourne@gmail.com

| | Friday 29th | Saturday 30th | Sunday 31st |
|----------------|--|---|---|
| 9am | | Lecture: The Inner Work Path, Meditation and Crossing the Threshold <i>Lisa Romero</i> | <i>The Act of Consecration of Man</i> |
| 10:30am | | <i>Break</i> | Lecture: Heart Map - The future evolution of the Physiology of the Heart <i>Marcus Cox</i> |
| 11am | | Workshops - with Marcus Cox, Lisa Romero, Lisa Devine, Cheryl Nekvapil and Karl-Heinz Finke - see programme for details | |
| 12:30 | | <i>Break</i> | |
| 2:30pm | | Workshops - <i>continued</i> | |
| 3:30pm | | <i>Break</i> | |
| 4pm | | Plenum | |
| 5:30pm | | <i>Break</i> | |
| 6:30pm | Registration | <i>Break</i> | |
| 7:30pm | Lecture: Humanity over the Threshold - The changing Thresholds of our Time - Do we have the Courage to Cross? <i>Marcus Cox</i> | Lecture: The Fifth Ether - The Crucible of Freedom between Human Beings <i>Lisa Devine</i> | |
| 9pm | <i>Close</i> | <i>Close</i> | |