### LISA ROMERO cont...

For several years Lisa was the lecturer for Health and Nutrition and Male/Female Studies at Sydney Rudolf Steiner College where she now continues to lecture the tutors on inner development. She also designed and facilitated the Educaredo Towards Health and Healing course. This training ran eight, year-long course working with therapists from all modalities as well as Waldorf teachers to bring the practical application of therapeutic and pedagogical methods. She continues to teach in numerous trainings and seminars for several organisations.

Essentially Lisa's work springs from the inner work, meditation and exercises together with a dedication to the path of unfolding consciousness. She brings a depth of insight that is reflected in the experiences and changes of the participants who share in this work.

## 820

# MOUNT BARKER WALDORF SCHOOL



Founded in 1979, Mount Barker
Waldorf School is one of the leading
Steiner schools in Australia and
offers a full Waldorf curriculum
from Kindergarten to Year 12.
We are situated in expansive
grounds in a peaceful, semi-rural
environment on the outskirts of the
Mt Barker township in the Adelaide
Hills, just over half an hour's drive
from the city.

Sims Road, Mount Barker

# DEVELOPMENT HEALTH AND EDUCATION



October 9, 10 and 11
Lisa Romero
at
Mount Barker Waldorf School



#### LISA ROMERO

Lisa Romero is a complementary health practitioner and adult educator who has applied anthroposophy to her practice since 1990 and delivered education enriched with anthroposophy since 1998. From 2006 the primary focus of her work has been teaching inner development and anthroposophical meditation. Steiner Books has published her books: "The Inner Work Path - A Foundation for Meditative Practice in the Light of Anthroposophy" and "Developing the Self - Through the Inner Work Path in the Light of Anthroposophy". Lisa lectures and presents course and retreats on the inner work and anthroposophical meditation for professional and personal development. These are offered throughout the year in many communities worldwide. Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet diverse needs of communities and professions.

## DEVELOPMENT, HEALTH & EDUCATION

FRIDAY OCTOBER 9TH 6:30 TO 8:30 PM

SATURDAY OCTOBER 10TH 9:30 TO 2:30 PM

SUNDAY OCTOBER 11TH 9:30 TO 2:30 PM



As we grow into life the needs of our health and education change. Through understanding the esoteric wisdom behind Waldorf Education we understand why teachers are also seen as preventative health carers. This wisdom leads us to gain knowledge of our own capacity to prevent or correct imbalances in body and soul. This course is valuable for all people working with or caring for children in the various stages of child development. Looking at the individual expression of a child's being, we begin to see their individual needs. At the same time we recognise the collective journey of childhood and the inevitable path of growth and change so that we can guide their unfolding stages in the healthiest way possible. Doing so brings insights into our own growth and development needs as adults and the inner exercises support our own strengthening enabling us to perceive and meet the needs of the child.



VENUE: EURYTHMY ROOM, MOUNT BARKER WALDORF SCHOOL

BOOKINGS: OFFICE@MTBARKERWALDORF.SA.EDU.AU

FOOD: Tea and Coffee will be available during breaks via gold coin donation.

Light lunches will be available for purchase on Saturday and Sunday

or self-cater in our kitchen facilities.

PARKING: On site, follow signage.





