

Developing the Self
Developing the World

**Working Wholistically with Gender and
Sexuality for the Young Child through to
Puberty and Beyond**
In the Light of Anthroposophy

This course outlines when, how and why gender and sexuality are brought at different stages of child development in the light of Steiner education. Supporting this aspect of the health and well-being of the individual child's relationship to gender and sexuality results in greater resilience and confidence in their growing relationship to the wider community.

All those working to support child and adolescent education and health including teachers, parents and health professionals will be able to recognise the relevant depth and progression anthroposophy brings to this important aspect of life.

This course is also a foundation course for those who wish to join the Professional Development for Working with Gender and Sexuality Level 2 to be held in Byron Shire in November 2016.

JULY 22 – 24
Friday 6.30 – 8.30pm
Saturday & Sunday 9.30am – 2.30pm

Shearwater Steiner School
Mullumbimby NSW

Suggested full contribution \$300 (includes lunch)
For teacher and other concessions - see overleaf

Bookings & Enquiries
P: 02 6684 6147

E: innerworkpath@gmail.com developingtheself@gmail.com

Developing the Self - Developing the World

Developing the Self - Developing the World has been established by those who have been working with *Inner Work Path* for several years. *Developing the Self* seeks to work with the spiritual pictures brought through meditation, inner development and professional development courses in a way that brings them into relationship with everyday practical life. It is intended that various avenues are created for individuals to work with developing an active inner life for the benefit of world development.

Developing the Self aims to offer initiatives that strive to overcome the making of distinctions in human beings according to outer characteristics of social standing, race and sex, and to put aside the stereotyping of gender, religion and culture. It encourages each person to independently contribute and build a social form that recognises and supports the growing individual human being and the community.

It is established as a not-for-profit organisation for the benefit of world development. Any profits are directed to initiatives created or endorsed by *Developing the Self* to assist young people in healthy body, soul and spiritual growth. It is a volunteer organisation that accepts donations and bequeaths.

Facilitators

Lisa Romero is an author of 3 anthroposophical inner development books, a complementary health practitioner and adult educator who has been delivering healthcare and education enriched with anthroposophy for 20 years. For several years she was the lecturer for Health and Nutrition and Male/Female studies at the Sydney Rudolf Steiner College. She also designed and facilitated the EduCareDo 'Towards Health and Healing' course which ran 8 year long courses working with therapists from all modalities as well as Waldorf teachers to bring the depth of anthroposophical insight through practical application of therapeutic and pedagogical methods. Lisa now lectures and presents courses and retreats for professional and personal development in many anthroposophical communities and Waldorf schools worldwide.

James Deefholts is a Waldorf class teacher and child development adult educator. He has been teaching for 10 years and now contributes to the delivery of the Health and Wellbeing Curriculum for classes 5-8 at Chrysalis Steiner School in collaboration with Lisa Romero.

Fiona Mackenzie is a practising homeopath working out of anthroposophy since 2006. She also offers adult education on child development.

Melanie Deefholts has been applying anthroposophy in her work with families from pregnancy to teenagers for the last 10 years. She also offers adult education for teachers and parents.

Lyn Clifton is a community health social worker who has held anthroposophical based parenting and early childhood groups for over 15 years

Contribution

The fee is set to support the Developing the Self Youth Initiative, see

http://www.innerworkpath.com/social_enterprise/. However the intention is that these courses are accessible to everyone who wishes to attend. You are invited to pay either the suggested contribution of \$300, (\$200 for teachers), or you are free to pay what you can.