

Inner Work Path

IN THE LIGHT OF ANTHROPOSOPHY

With Lisa Romero

THE INITIATION OF THE 'I' AND THE CHRISTMAS MYSTERIES RENEWED

Once the body has grown, the soul begins to develop, either in relationship to the physical body which is limited and transient, or within its own capacities whereby the soul develops through sentient experience into intellectual reasoning and finally towards full consciousness. It is during this development of the capacities which occur through individual effort, that the I may begin its initiation.

The path of initiation leads us towards transformation of the soul's capacities into organs of spiritual perception and a living relationship with the spiritual world. The participation in the truth that is traced out in the spiritual world becomes the source of our giving towards the outer life and transforms the outer world in which we all participate.

As we celebrate the collective spiritual year we can find our individual inner year and our next step onwards. We can experience a time in which the spiritual world becomes accessible and the preparation and effort we make supports the birth of our Higher Self and the journey towards initiation.

December 15 - 17

Friday 6 – 7.30pm Saturday & Sunday 9.30am – 2.30pm

Byron Shire NSW

\$300

~ Includes lunch ~

FOR BOOKINGS AND ENQUIRIES

P 02 6684 6147

E innerworkpath@gmail.com

W innerworkpath.com

LISA ROMERO is an author of inner development books, a complementary health practitioner and an adult educator who has been delivering healthcare and education enriched with anthroposophy for twenty years. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through the *Inner Work Path* Lisa offers lectures, courses and retreats for professional and personal development in communities and schools worldwide. Steiner Books has published; *'The Inner Work Path'* focusing on meditation practice, *'Developing the Self'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Living Inner Development'* offering an understanding of the inner experiences and results of various inner development exercises, and *'Sex Education and The Spirit'* to help awaken an understanding of our communal responsibility for the healthy development of gender and sexuality within society.

For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to lecture for the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Waldorf schools as a part of their health and wellbeing curriculum; working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals.

Lisa designed and facilitated *EduCareDo* 'Towards Health and Healing' which ran eight year-long courses working with therapists from all modalities as well as Waldorf teachers, to bring the depth of anthroposophical insight through practical applications of therapeutic and pedagogical methods.

Lisa is a contributor, tutor and director of *Inner Work Path*, *EduCareDo*, *Developing the Self* *Developing the World* and the *Y Project*.

Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet the diverse needs of a range of communities and professions. Essentially, her work springs from the inner work, meditation and exercises, together with a dedication to the path of unfolding consciousness.