

Inner Work Path

IN THE LIGHT OF ANTHROPOSOPHY

With Lisa Romero

THE NECESSITY OF TRUE INNER DEVELOPMENT

Even before we are called to the stages of higher development we can prepare ourselves by understanding the way and the truth of the unfolding schooling we shall take.

Recognising the power and place of the inner exercises and meditations means we work with them in a way that they bear fruits of genuine transformation.

'The future of such spiritual esoteric movements as ours will depend more and more upon the realisation that the spiritual development of humankind is a necessity.'

Rudolf Steiner

September 30 – October 2 2017

Saturday, Sunday & Monday 9:30am - 2:30pm

(please note - this course is held over the three days of the long weekend)

Byron Shire NSW

\$300

~ Includes lunch ~

FOR BOOKINGS AND ENQUIRIES

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LISA ROMERO is an author of inner development books, a complementary health practitioner and an adult educator who has been delivering healthcare and education enriched with anthroposophy for twenty years. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation. Through the *Inner Work Path* Lisa offers lectures, courses and retreats for professional and personal development in communities and schools worldwide. Steiner Books has published; *'The Inner Work Path'* focusing on meditation practice, *'Developing the Self'* written after years of working with Waldorf teachers to support their inner work and pedagogical understanding of child development, *'Living Inner Development'* offering an understanding of the inner experiences and results of various inner development exercises, and *'Sex Education and The Spirit'* to help awaken an understanding of our communal responsibility for the healthy development of gender and sexuality within society.

For several years Lisa was the lecturer of Health & Nutrition and Male/Female studies at Sydney Rudolf Steiner College, where she continues to lecture for the tutors on inner development. Since 1999 she has been presenting on the subject of gender, sexuality and spiritual life. She has been working with Waldorf schools as a part of their health and wellbeing curriculum; working directly with the students, teachers and parents on this theme. Lisa has contributed to and is an adviser on Health and Personal Development for the Australian Steiner Curriculum Framework. She has developed training courses, and facilitates professional development on this subject for teachers and health professionals.

Lisa designed and facilitated *EduCareDo* 'Towards Health and Healing' which ran eight year-long courses working with therapists from all modalities as well as Waldorf teachers, to bring the depth of anthroposophical insight through practical applications of therapeutic and pedagogical methods.

Lisa is a contributor, tutor and director of *Inner Work Path*, *EduCareDo*, *Developing the Self* *Developing the World* and the *Y Project*.

Lisa's capacity to deliver esoteric wisdom with insight and understanding allows her to meet the diverse needs of a range of communities and professions. Essentially, her work springs from the inner work, meditation and exercises, together with a dedication to the path of unfolding consciousness.