



Inner Work Path

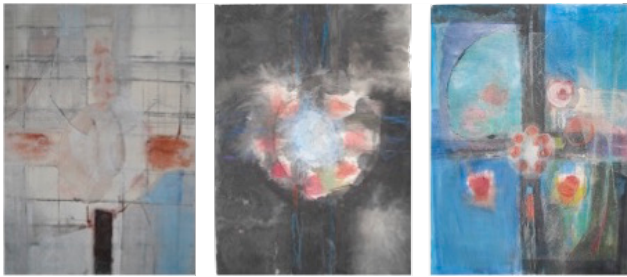
IN THE LIGHT OF ANTHROPOSOPHY

Courses and Lectures in Canberra

With Lisa Romero

INNER DEVELOPMENT, PRAYER & MEDITATION

This lecture offers insights and inspiration to awaken or renew individual practice in meditation, prayer and inner development. It will convey the differences and similarities between these three paths of transformation.



Sunday August 20 10:30am

(after The Act of Consecration of Man)

Christian Community Church

Cnr Phillip Ave & Madigan St

Hackett ACT

Suggested Donation \$10 - \$15

STRENGTHENING MEDITATIVE PRACTICE & INNER DEVELOPMENT

This course describes how and why various meditations and exercises work to strengthen the soul and its relationship to the spiritual world.

Rudolf Steiner gave many exercises and meditations to strengthen the human being through its journey of developing consciousness. Together we will explore the inner work, the birth of the higher self, the spiritual year and how exercises can bring us closer to our own experience of these processes. This will enable us to both hold and further our daily practices.

Those wishing to establish a meditative life and long-term meditants have found this work invaluable in deepening their relationship to the path.

October 13 – 15

Friday 6.30 – 8pm Saturday & Sunday 9.30am – 2.30pm

Canberra ACT

\$220

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