



2024 Six Subsidiary Exercises online Discussion Group

Useful information:

- We'll work through each exercise sequentially together in a group based discussion. The focus will be on why the exercises are useful and provide an opportunity to share the experience of practising the previous month's exercise before preparing for the next.
- The meetings won't be recorded. After each session you'll receive a summary of the meeting and any quotes or references used.
- You're encouraged to have a journal to record notes in for the month.
- A summary of all the exercises can be found in the addendum of Lesson 1 of the EduCareDo course 'Inner Development for World Development' by Lisa Romero. [Access a complimentary copy here.](#)

Meeting 1

Sydney Apr 28 7am/Apr 28 7pm
Perth Apr 28 5am/Apr 28 5pm
New York Apr 27 5pm/Apr 28 5am
London Apr 27 10pm/Apr 28 10am

Meeting 2

Sydney May 26 7am/May 26 7pm
Perth May 26 5am/May 26 5pm
New York May 25 5pm/May 26 5am
London May 25 10pm/May 26 10am

Meeting 3

Sydney June 30 7am/June 30 7pm
Perth June 30 5am/June 30 5pm
New York June 29 5pm/June 30 5am
London June 29 10pm/June 30 10am

Meeting 4

Sydney Aug 4 7am/Aug 4 7pm
Perth Aug 4 5am/Aug 4 5pm
New York Aug 3 5pm/Aug 4 5am
London Aug 3 10pm/Aug 4 10am

Meeting 5

Sydney Sept 1 7am/Sept 1 7pm
Perth Sept 1 5am/Sept 1 5pm
New York Aug 31 5pm/Sept 1 5am
London Aug 31 10pm/Sept 1 10am

Meeting 6

Note following time adjustments for this meeting*

Sydney Oct 6 *8am/Oct 6 7pm
Perth Oct 6 5am/Oct 6 *4pm
New York Oct 5 5 pm *4am
London Oct 5 10pm/Oct 6 *9am

[Check your time zone here -
Sydney 7am](#)

[Check your time zone here -
Sydney 7pm](#)

Any questions?

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